The State Of Affairs Rethinking Infidelity Free

Having clear boundaries is essential to a healthy, balanced lifestyle. A boundary is a personal property line that marks those things for which we are responsible. In other words, boundaries define who we are and who we are not. Boundaries impact all areas of our lives: Physical boundaries help us determine who may touch us and under what circumstances -- Mental boundaries give us the freedom to have our own thoughts and opinions -- Emotional boundaries help us to deal with our own emotions and disengage from the harmful, manipulative emotions of others -- Spiritual boundaries help us to distinguish God's will from our own and give us renewed awe for our Creator -- Often, Christians focus so much on being loving and unselfish that they forget their own limits and limitations. When confronted with their lack of boundaries, they ask: - Can I set limits and still be a loving person? - What are legitimate boundaries? - What if someone is upset or hurt by my boundaries? - How do I answer someone who wants my time, love, energy, or money? - Aren't boundaries selfish? - Why do I feel guilty or afraid when I consider setting boundaries? Dr. Henry Cloud and Dr. John Townsend offer biblically-based answers to these and other tough questions, showing us how to set healthy boundaries with our parents, spouses,

children, friends, co-workers, and even ourselves.
????????????TED????????????????????????????????
????????Match.com????????????? ?????????????????????????
?? ?????????????????????? ??????????
??
??
????????????…… ????????????? ??
??
???????????????????????? ?????????????????????? ?????????????????????437?????
402???????54??
??? ????
??58?????????????????4
2??? ???????? ????????????????????
????????????????????? ????????? ??
????????????????????? ???
???????????????????? ??? ??? (??)
??????????·????????????????????31?,?"?????"??, "????????????"???????,?17??
??????????20???????,???????;??;
??????????????,????????????; ?????????????????????

Traditional Chinese edition of Brene Brown's The Gifts of Imperfection: Let Go of Who You Think Youre Supposed to Be and Embrace Who You Are.
??????????????????????????? Facebook???????????Sheryl Sandberg????????? ??????5?Amazon.com?????Top 1 ????????????Top 1 ?TED????330???? ???4?????????45?????30?????
??ABC?CNN???BBC ?????
????????????????? ????????????????? ?????????????????????????? ????????????
??????????????????????? ?????????????????????? ???????? ??????????????????????????
?? ?????????? ?????????????2007????6??????????50????????????????2012??20
13?????????????????????2010?12????TEDTalks??????????????????????????????????
??330?????? ????????????????????
??50????
??20????????????????????????????
???????????????? ?????????????????TEDTalks??
??

???????????????????????????? ????????????????????????????????????
????????????????????????????????????? ?????????????????????? ???????????????? ??
????????????????????????????Lean In????????????????????????????????????Lean I
n?????www.leanin.org?www.facebook.com/leaninorg????????????????????????
???? ??????? ???
?101????????????????????/?????????????????????????????????Yahoo! ??????????????
????????????????????????????????????/??
????????????????????????????????????PChome Online?????????????????????????THE
BRAND PARTNER?????? ?????????? ?????????????????/?????????????????????????
????????News98?????????????????TVBS?????/?????? ?????????????????????
????????????????????????????????????/???????? ?????? ?????????????????Ada
?????????????? ??????? ??????????
??? ?12????????
???? ?????? ????????Condoleezza Rice? ????????? ???????Mark Zuckerberg?
?????GE???? ???????Jeff Immelt? ?????Virgin Group???? ??•????Richard
Branson? ?????????????????O Magazine???? ????Oprah Winfey? ??????????????
????????Alicia Keys? ?????????? ????????Chelsea Clinton? ????????Teach for
America???????? ??????Wendy Kopp? ?????A?A+??From Good to Great???
???????Jim Collins? ???? ???

??????????????

??????????????????????????? ??
??
??? ????????????????
??
??
?????? ????? ??
??
??
??
??????????????????????? ??
??
??????????????????????? TVBS??????????????? ????????? ??????????????????????????????
??
??
????????????????? ??????????????????????EQ??????????????????????????????????????
??
??????????????????? ??
??? ?????????????????????? ????????????????????
??
THE BRAND PARTNER??? ??

?? ?????????????????? ????????? ???

??Jeff Immelt???????GE???? ??????????TEDTalks?????????????????????????????????? ???

??? ????????? ?????? ???????????? ????
??????????????????——????????????? ??
???????????????????????????????????? ??
??? ?????????????
????????????????????????? ?????????????????????????
?????????EQ????????????? ?????????????????????????
????????????40%???????????????? ??
??? ????????????????????
??
??
??? ?????????????????????
??
??
??
????????????????????????????????????
??? ??????
??
??????????????? ??
??

?????:??
NEW YORK TIMES BESTSELLER Is there such a thing as an affair-proof marriage? Is it possible to love more than one person at once? Why do people cheat? Can an affair ever help a marriage? Infidelity is the ultimate betrayal. But does it have to be? Relationship therapist Esther Perel examines why people cheat, and unpacks why affairs are so traumatic; because they threaten our emotional security. In infidelity, she sees something unexpected - an expression of longing and loss. A must-read for anyone who has ever cheated or been cheated on, or who simply wants a new framework for understanding relationships. 'Esther Perel does nothing short of strip us of our deepest biases, remind us of our purpose in connecting as lovers, and save relationships that might otherwise sink into the sea-all with even-handed wisdom, fresh morality, and wise prose. Thank heavens for this woman.' - Lena Dunham 'Beautiful. A brilliantly intelligent plea for complexity, understanding, and - as always - kindness.' - Alain de Botton 'She's the guru on relationships... she's the first person I ask for advice' - Cara Delevingne 'Wisest sex therapist we ever did meet. Her new book, THE STATE OF AFFAIRS, proposes a new perspective on infidelity' - GRAZIA 'This is a must-have for all married couples and has completely changed my thinking.' - SUNDAY TIMES STYLE
???????1949????·??“???”?“????”?“??”????????????????????????“????”?Orwellian??“?????”?Orwellism????????????????

??????????????????????????? “????????????????????”???????
?Netflix????????????????????? ???????2019?????????? ????????????????????????????…… ??
??
???????????????????????????????????? ??
?? ????????????????????????
???
???
?? ?????? ???????????????? ?????2019??????????????
????????????????????? ????????????????????? ?????????????????????????? ?????? ????????????????
??
????——????????Library Journal? ?……??
??
??????????????……????????????????????????????——?????????Los Angeles Public Library? ?
????????????????????????????????????……??
??——????????Kirkus?????? ???????
????????????????????……??——
????????????????????NPR’s Morning Edition? ??
??——
????? ??
????????????????????????????——????????Publishers Weekly?????????

The Annual Report to the Board of Governors reviews the IMF’s activities and policies during any given year. There are five chapters: (1) Overview, (2) Developments in the Global Economy and Financial Markets, (3) Policies to Secure Sustained and Balanced Global Growth, (4) Reforming and Strengthening the IMF to Better Support Member Countries, and (5) Finances, Organization, and Accountability. The full financial statements for the year are published separately and are also available, along with appendixes and other supplementary materials.

?TED??????????????????????????? ?????CNN?ABC?NBC?????????????????????????? ??????????Brene Brown Ph. D.???????????????? ???????10??????? ???????????????? ???????1348?????? ??Cheers????????10????????? ?TED?????????????????????? ?????????????18?? ?????26???? ???2013?????????? ?????????.?????????????????.??????? ?????????? ??????????????????????????? ??????????????????????????????????? ??????????????????????????????????????? ??????????????????????????????????????? ??????????????????????????????????????

??????????????????? ??????????????????? ??????????????????????? ??????????????????????????? ?????? ???????????? ??????????????????????????? ????????????????? ????????????????? ?????????????????? ?????????????????? ?????TEDxTaipei ????TED??????? ??????????????????? ??????????????????????????? ????????????????? ?????????????????? ???????? ??????????? ?????????????????? ?????????? ??? ?????????????????????? ?????????????????????? ??? ?????????????????????? ????? ??? ?????????? ?????????????????????? ??? ??????????????????????????? ??? ?????????????????????? ??

The State of Affairs: Rethinking Infidelity (2017) by sex and relationship expert Esther Perel is an examination of unfaithfulness in romantic relationships—what it is, why it happens, and how different cultures handle it—as well as an exploration of what affairs can teach all lovers about healthy relationships. Perel takes a non-judgmental approach to the motivations of the cheater and the outside lover, as well as to the contributions of the betrayed partner to the relationship crisis.. Purchase this in-depth summary to learn more.

??????Amy Cuddy? ????????????

therapist Esther Perel has traveled the globe and worked with hundreds of couples who have been shattered by infidelity. In The State of Affairs she asks, why do we cheat? And why do happy people cheat? Why does infidelity hurt so much? And when we say infidelity, what exactly do we mean? Is an affair always the end of a marriage? Affairs, she writes, have a lot to teach us about relationships. They provide unusual insight into our personal and cultural attitudes about love, lust, and commitment. Betrayal hurts, but it can be healed. An affair can even be the doorway to a new marriage—with the same person. With the right approach, Perel argues, couples can grow and learn from these tumultuous experiences, together or apart. Fiercely intelligent, The State of Affairs provides a daring framework for understanding the intricacies of love and desire. As Perel writes, "Love is messy; infidelity more so. But it is also a window, like no other, into the crevices of the human heart."

?2016 ??????????????????????? ????? 16 ??????? 10 ???????? 20 ????????????? ??????????????????????????????????????? ? ?????2017?????????? ? 2018?1????????? ?2018?1?????????? ? 2018?1????????? ?2016?6????????? ??????????????????????????????????????? ? 25 ??????????????????????????? ?????? ??? ??? ?????? ??????????/?????????/??? ???????? ??

?? ——???????
??
——??????????? ?????????????????????????? 1975?4?????????????????????????????????????
??
???????? ??
??? ??????????????????
??
?????? ???????? ?????? ????????? ??????UCLA?????????????????? ??????????
??????????? ???????? ???????????????????? ??????? ?????????????????????????????
??????? ??????? ?????? ?????????????????????? ??? ?
??? ——??????? ?
??
——??????????? ??????????? ? ?????????????????????? ——??????????????????? ?
????????……????????????????????? ——????????????????????????????? ?
??????……??? ——????????????????? ? ??????
??……????????????????????????????????????
——???????? ?
??
——????????????????? ? ??
??? ——????????????????????????????

? ?????????????????????????……????????????????AK-47????????????????……????????
?? ——????????? ? ?????????????????……??????
????????????……??
?????????????????????? ——???????Arts Fuse? ?
??? ——??????????? ?
???????????……??? ——????????????????? ?
???? (??)

A New York City therapist examines the paradoxical relationship between domesticity and sexual desire and explains what it takes to bring lust home. One of the world's most respected voices on erotic intelligence, Esther Perel offers a bold, provocative new take on intimacy and sex. Mating in Captivity invites us to explore the paradoxical union of domesticity and sexual desire, and explains what it takes to bring lust home. Drawing on more than twenty years of experience as a couples therapist, Perel examines the complexities of sustaining desire. Through case studies and lively discussion, Perel demonstrates how more exciting, playful, and even poetic sex is possible in long-term relationships. Wise, witty, and as revelatory as it is straightforward, Mating in Captivity is a sensational book that will transform the way you live and love.

????4.5????????????? ?????????????????????????????
??????????????????????????????????? ?????????????????? ???????????

?? ???????????Get the guy??????????????????????????? ??????????????????? ? ????????? ? ?????????????????? ? ?????????? ? ?????????????????????? ? ?????????????????? ?????????????????????????????????????? ?????????????????????????????????????

???????????????? ?????????????????? ??????????????????????????? ????????????? ????????? ???????????? ??????????? ?????????????? ????????????????? ??????????? ?????????????????? ????? ?????????????????? ??????????????????????? ????????????????????????????????? ??????????????????????????????????????? ??????????????????????????????? ?????????????????????????????? ????????????????????????????????????? ??? ??? ??? ?????? 1. ??????????????????????????????? 2. ?????????????????????? 3. ????????????????????????

The State of Affairs: Rethinking Infidelity (2017) by sex and relationship expert Esther Perel is an examination of unfaithfulness in romantic relationships--what it is, why it happens, and how different cultures handle it--as well as an exploration of what affairs can teach all lovers about healthy relationships. Perel takes a non-judgmental approach to the motivations of the cheater and the outside lover, as well as to the contributions of the betrayed partner to the relationship crisis.Purchase this in-depth analysis to learn more.

??????????? ????????? 20?????????????????? ????????????? 80%????35???? ?????????20???????? ????????? ??????????? ????????????????

??????????????????? ????????????????? ????????????????????????????????
??? ????????????????????????????
????????????????????????????????? ?????????????????????Meg Jay??????????
???20??? ????????????????????????
????????????????????????????????????? ??
??? ????????????????????????????????????
????????????????????? ??? ?????????????????????
????????????????????????????? ????????????????????????????????? ?????????????????????
??? ???? ??? ??????? ??? ?????????? ??? ????????
?? ??????? ?? ???? ??? ?????? Z9 PTT????
????????????????????????????? ????????????????????????????? FBI???????????
????????????????????????? ????????????????????? ???????•???Chris Voss??????????????
??FBI???????????FBI?????????????
??? ????
??MBA????????????????????????????????????
??
??????????????? ??
??? ??
??

Traditional Chinese edition of Rising Strong: The Reckoning. The Rumble. The Revolution by

Bren Brown. A No. 1 New York Times bestseller and an Amazon Best Book of August 2015.
?????,????:??
The State of AffairsRethinking Infidelity - A Book for Anyone Who Has Ever LovedYellow Kite
????????????????????????,????????????????????????????,????????????????????????
??;?????????100????,???????????,?????????
????????
?????1%?????????37?? ?????1%?????????????0? ????????????????????????
????????????????????? ?????????? ????????????????????????????????
?Amazon???????????????????????????????????? ??????Fast Company???2018?7?????????
????????Business Insider?????2018?????????? ?????The Muse????????????????????
????????????????????????????????????? ????????????????????????????????? ????????•????????????????
??
??ESPN???????——??????33????????
??
????????????????????????????? ??
????????????????????????????? ??
??? ??????????????? ????????????????????
????????????????NFL?NBA?MLB??IKEA??????
?????????????????????????…… •????????????????????? •????????????????????? •????????????????????
????????????10??? •????????1%??? •??????????? •???????????????? •????????????????????
•????????????????? •????????????????????? •????????????????? •????????????????????? •????????????????????
•????????????????????? ?????????? ??

?????????????????????????Carol?????????????HomeCEO?????????????????22K?????
????????????????????????????????????SmartM?????????????????????? ?????
?2007?4???????20????????????????????????????? ?????????????
??
??
??
??? ????3?????????????????12?? ??????????
????????????????2018?7?????????????9??
???? ????????????????——??? ????•??
??????——??•????????????????????
????????????????•????????????????????????????????——??•??????????
????????????????????——??•????????????????? ???? ???•????James Clear? ?????????????????
??CBS??
??????????500????????????????????????????????NFL?NBA?MLB?????????????????????The
Habits Academy??
???? •?????jamesclear.com •?????????habitsacademy.com ???? ???
????????????????????????? ?????GaryVee????????????????? ?????????????????????????
FB?KingWayne???
Simplified Chinese edition of An American Marriage
?????????? ?? ???? ?????????????????? ?????????????????? ?????????????????????????????
?……????????????????????????????……????????????????????????????????? ????????????
??

??????????????????NYLON??
??Eimear McBride?
????????????????????????????????????? ????????????????
????????????????????????????????????? ?????????????????????? ??????????????????????????
????????????????????????????? ????????????????????
??? 65????????65?????????
????????????????????????????????????? ????????????????????????????????????? ????????????????
????????????????????? ??? ?????
??
?????? ?????? ????????????????????????????????????? ??????
??? ???? ??
????????……??? ?????? ????????????????
??

Summary of The State of Affairs: Rethinking Infidelity; Esther PerelNOTE: This is a summary guide and is meant as a companion to, not a replacement for, the original book.THE BOOK: Th? State ?f Aff??r? (2017) t??kl?? the t?ugh ?ubj??t of infidelity. Ch??t?ng ?? w?d?l? condemned as ?mm?r?l, and ??t, ?t ??m? point ?r another, m?n? ????l? d? ?t anyway. This b??k offers a fr??h l??k ?t ?nf?d?l?t? and ??k? a d?ff??ult ?u??t??n: I? it ?u?h a b?d th?ng ?ft?r all?ABOUT THE AUTHOR: E?th?r P?r?l ?? a psychotherapist wh? ??????l?z?? ?n modern-day l?v?, ??rtn?r?h?? and d?t?ng. F?r ?v?r a d???d?, ?h? has worked with a wide range ?f couples, counseling them thr?ugh ?v?r? v?r??t? ?f ?m?t??n?l difficulty, fr?m betrayal t? tru?t, ?nf?d?l?t? t? f?rg?v?n???. Sh? ?l?? works as ?n organizational ??n?ult?nt, speaks nine languages ?nd h??t? th? ??d???t Wh?r? Should W? B?g?n? INTRODUCTION: A?k any Am?r???n in a committed, m?n?g?m?u? r?l?t??n?h??, ?nd ?h?'ll probably t?ll ??u th? ??m? thing. Ch??t?ng destroys tru?t. It'? th? l?w??t bl?w ??u could d?l?v?r - th? ult?m?t? form ?f b?tr???l. And ??t, m??nwh?l?, m?ll??n? ?f Am?r???n? in ??mm?tt?d, monogamous r?l?t??n?h??? ??nt?nu? t? cheat. Ev?n ?f you can find ?x?m?l?? ?f ?nd?v?du?l? wh?'v? r?m??n?d utt?rl? f??thful t? th??r ?urr?nt ??rtn?r?, th? numb?r of adult W??t?rn?r? wh?'v? n?v?r cheated is low. So ?r? unf??thful partners evil? Or is ?t perhaps th?t ?ur prevailing views on ?nf?d?l?t? are ?n need of ??m? r?v????n? Th??? blinks address th??? ?nd ?th?r ??m?l?x questions, ?ff?r?ng r??l-l?f? ?x?m?l?? to g?v? a ?l??r?r ???tur? ?f an ?ft?n murky ?ubj??t. This summary ?l?? ?x?l??n -how ?nf?d?l?t? thr??t?n? ?d?nt?t?; -why

j??l?u?? ??n't ?ll b?d; and -that, ??m?t?m??, ???r??? ?? the b??t policy.
"Caring deeply about our children is part of what makes us human. Yet the thing we call 'parenting' is a surprisingly new invention. In the past thirty years, the concept of parenting and the multibillion dollar industry surrounding it have transformed child care into obsessive, controlling, and goal-oriented labor intended to create a particular kind of child and therefore a particular kind of adult. In The Gardener and the Carpenter, the pioneering developmental psychologist and philosopher Alison Gopnik argues that the familiar twenty-first-century picture of parents and children is profoundly wrong--it's not just based on bad science, it's bad for kids and parents, too. Drawing on the study of human evolution and her own cutting-edge scientific research into how children learn, Gopnik shows that although caring for children is profoundly important, it is not a matter of shaping them to turn out a particular way. Children are designed to be messy and unpredictable, playful and imaginative, and to be very different both from their parents and from each other. The variability and flexibility of childhood lets them innovate, create, and survive in an unpredictable world. 'Parenting' won't make children learn--but caring parents let children learn by creating a secure, loving environment."--Provided by publisher.

Copyright: 0a3b7394c9bcfa1338592807a9559283