Super Learning Unlock Your Limitless Ability To Learn Anything You Want

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Gay Hendricks is a great role model for true success. He enjoys abundance and a deep connection with his own spiritual essence, and at the same time has lived for three decades in a thriving marriage. Now, he shows us how to do it for ourselves. Mark Victor Hansen, co-author of Cracking the Millionaire Code In The Big Leap, Gay Hendricks, the New York Times bestselling author of Five Wishes, demonstrates how to eliminate the barriers to success by overcoming false fears and beliefs. Fans of Wayne Dyer, Eckhart Tolle, Marianne Williamson, and The Secret will find useful, effective tips for breaking down the walls to a better life in The Big Leap."

Fifteen years of worldwide research have proved that Superlearning techniques really can sharpen the mind, make it possible to learn faster, memorise more easily, and measurably improve performance.

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the healing powers within you?-Are doctors and medicines the only last option left for a person affected by a chronic illness?-How does breath play a very important role in our health and happiness?If you are not aware of the answers to some or most of these questions then please continue to read...This book will explain to you the answers to all the questions you have seen and many more. Here you will learn many techniques to balance your mind, body and spirit. You would understand how to be in a perfect alignment with the Universe so that you continue to receive many unlimited gifts from the Universe for your success, health, happiness and abundance.Some of the valuable techniques that you will be learning from this book are:Yoga - Improves your flexibility, balance, awareness, body shape, blood circulation, focus, concentration etc.Pranayama - Improves your mind and body balance, activates your cells, activates your brain, removes harmful toxins from the body, cures ailments etc.Meditation - Improves focus, concentration, awareness, intuition, relaxation, intelligence, mind body balance etc. Overcome anger, fear, worry, anxiety, uncertainty etc.Reiki - Helps you to balance and activate your Chakras. Heal all your ailments like fever, stomach pain, throat problems etc.Law of Attraction - Achieve everything and anything you desire with the power of your Subconscious mind. Learn the correct way as to how to manifest anything you desire and understand the reasons why Law of Attraction doesn't work for some people.Subconscious Mind Reprogramming - Understand more about Subconscious Mind and learn effective techniques to reprogram your subconscious mind to help you to achieve miracles in your life.Affirmation - Learn more about the power of Affirmations and understand the laws of constructing effective Affirmations with many examples given in the book.Visualization - Learn about the power of Visualization to imagine your desired state and thereby manifest it into your physical reality.Create Mental Beliefs - Make use of effective techniques like Vision Boards, 55 x 5 Affirmation, Journaling, Neuroplasticity to create Mental Beliefs that would help you to achieve your desires and goals.Grounding - Understand why staying Grounded is very essential to do well in your material life and learn the techniques to Ground yourself.Mindfulness - Understand the importance of Mindfulness to watch all the thoughts that enter your mind and always vibrate at positive frequencies.Gratitude - The power of Gratitude is very incredible. Thank God for all that you have been blessed with in your life.Forgiveness - How forgiveness is important to eliminate the lower vibrations.Believe in yourself - Realize your inner powers and your abilities to achieve great things in life.Sound Healing - Understand how certain Sound Vibrations have the power to heal.Super Foods - Understand the benefits of certain magical herbs and fruits.

PLEASE NOTE: This is a summary and analysis of the book and not the original book. SNAP Summaries is wholly responsible for this content and is not associated with the original author in any way. If you are the author, publisher, or representative of the original work, please contact info[at]snapsummaries[dot]com with any questions or concerns. If

you'd like to purchase the original book, please paste this link in your browser: https://amzn.to/2AwtaDo In Limitless, Jim Kwik lays out the tools and strategies anyone can use to upgrade their belief system, level up their motivation and learning, and live up to their fullest potential. What does this SNAP Summary Include? - Synopsis of the original book - Key takeaways from each chapter - What it means and what it takes to be limitless - How to be a better and faster learner - Editorial Review - Background on Jim Kwik About the Original Book: Jim Kwik has dedicated his life to discovering and teaching the techniques people can use to unlock their most prized abilities, including focus, memory, and thinking. In Limitless, he shares what he has been teaching professional athletes, CEOs, celebrities, and thousands of students around the world for more than two decades. His central argument is that if you align the right mindset, motivation, and methods, you can learn and earn faster and create innovative solutions that add value to the world. Anyone looking to supercharge their personal growth, career, health, relationships, and academics will find the tips he offers in this book invaluable. DISCLAIMER: This book is intended as a companion to, not a replacement for, Limitless. SNAP Summaries is wholly responsible for this content and is not associated with the original author in any way. If you are the author, publisher, or representative of the original work, please contact info[at]snapsummaries.com with any questions or concerns. Please follow this link: https://amzn.to/2AwtaDo to purchase a copy of the original book.

Traditional Chinese edition of How children Succeed: Grit, Curiosity, and the Hidden Power of Character, a bestselling and highly recommended book on educating successful children. Paul Tough is a journalist who is one of Americas foremost writers on poverty, education, and the achievement gap. His thorough research and inteviews found that people from multiple disciplines working independently on the problems of educating children, have found common grounds, which debunk the current education models. In Traditional Chinese. Annotation copyright Tsai Fong Books, Inc. Distributed by Tsai Fong Books, Inc.

Traditional Chinese edition of Brene Brown's The Gifts of Imperfection: Let Go of Who You Think Youre Supposed to Be and Embrace Who You Are.

LimitlessUpgrade Your Brain, Learn Anything Faster, and Unlock Your Exceptional LifeHay House, Inc

4.7 stars on Amazon! The 3 keys to the psychological resilience of the SEALs: Regarding difficulties as challenges, committing to life goals, and focusing on controllable things! There is no other character in the world that can replace perseverance. Genius cannot- talented but unsuccessful people are everywhere; genius cannot- buried genius is heard everywhere; education cannot- the world is full of educated but abandoned people. Only perseverance and determination can make a person outstanding. The ultimate goal of this book is to let people understand what drives us to grow in adversity. How can we cultivate mental resilience? [Based on the Foreign Translation]

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